Fitness suite Rota – 36-hour post

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Rota 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** | **Hours** |
|  | **7.00-14.30** | **7.00-14.30** | **7.00-14.00** |  |  | **9.00-16.00** | **9.00-16.00** |  |
|  |  |  |  |  |  |  |  | **36** |
| **Rota 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** | **Hours** |
|  | **14.30-21.30** | **14.30-21.30** | **14.00-21.30** | **14.30-21.30** | **14.00-21.30** |  |  | **36** |