

# Support Worker Adult Mental Health Applicant Recruitment Pack



# Welcome

Hi,

We would like to thank you for your interest in the Support Worker role within Sefton Council's Community Mental Health Team.

This is an exciting and rewarding opportunity for someone who thrives on being organised, is approachable and wants to be at the heart of a busy and varied working environment.

You'll play a key role in keeping things running smoothly, bringing structure where it's needed, offering a warm and supportive presence, and approaching every task with professionalism and a positive, can-do attitude. Confidentiality is essential in this role, and we're looking for someone who can be trusted to handle sensitive information with care, discretion, and integrity.

As a person, if you're someone who enjoys helping others, takes pride in delivering high-quality support, and brings energy, adaptability, and a genuine passion for making a difference, we'd be delighted to hear from you.

The Job Description and Person Specification for this role are included within the job pack. If you have any questions about the vacancy, please refer to the job pack for the appropriate contact details.

If, when you've finishing reading this pack, you like what you see, and Sefton's Vision and Values align to yours then we can't wait to hear from you.

Best of luck!

Sean Dailey, Manager, Mental Health Team (South)



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## About the Borough of Sefton

Sefton is a confident and well-connected Borough, stretching from Bootle in the south to the coastal resort of Southport in the north. Home to more than 275,000 residents, Sefton encompasses a range of vibrant towns and communities, including Bootle, Litherland, Seaforth, Crosby, Formby, Maghull and Southport.

It is a fantastic place to live and work. As the northern-most Borough within the Liverpool City Region, Sefton offers a unique blend of beautiful coastline, countryside, attractive villages, thriving industrial areas and the busy Port of Liverpool.

With 22 miles of stunning coastline, Sefton is a leading coastal destination with a growing visitor economy. It is home to the iconic Antony Gormley *Another Place* installation, expansive beaches and protected sand dunes that support several rare species.

While each town and village has its own distinctive character, it is the people of Sefton who make the Borough truly special, creating diverse, welcoming and energetic communities in which to live, work, invest and visit.

Alongside its miles of golden sands, Sefton offers those who work here access to a world-renowned racecourse, prestigious golf courses, and National Trust nature reserves, ideal places to unwind, explore and enjoy leisure time.

The Borough benefits from excellent transport links, providing easy access to major North West cities including Liverpool and Manchester, and placing the Lake District and North Wales within reach for weekend breaks.

Whether you prefer vibrant town centres, friendly commuter towns, picturesque villages or stunning rural and coastal locations, Sefton offers a place to suit everyone. With house prices and rents typically lower than in neighbouring Liverpool and Manchester, you can enjoy coastal living while still being close to the buzz of city life.



## Our Vision and Values

At Sefton Council, our vision is to deliver high-quality services that make a real difference to the lives of our residents, visitors, and communities. Everything we do is guided by a strong set of values that shape how we work and interact:



- **We put people at the heart of what we do** – ensuring our services are responsive, inclusive, and focused on improving lives.
- **We listen, value, and respect each other's views** – fostering a culture of collaboration and mutual respect.
- **We develop a culture of challenge, ownership, innovation, and improvement** – encouraging creativity and continuous development.
- **We are ambassadors for Sefton** – promoting the Borough positively and proudly representing our communities.
- **We are responsive and efficient** – delivering services that are timely, effective, and customer-focused.
- **We are clear about what we can and cannot do** – being transparent and honest in all our communications and actions.

These values underpin our commitment to excellence, inclusivity, and innovation, ensuring that Sefton remains a great place to live, work, and visit.

## Our Successes and Key Projects

Sefton Council is proud of its recent achievements and ongoing commitment to delivering high-quality services. Our Adult Social Care services were recently graded Good by the Care Quality Commission (CQC), and our Children's Services also



achieved a Good rating from Ofsted. These successes reflect the dedication and professionalism of our teams and our focus on continuous improvement.

More recently, we are exceptionally proud to have been nominated and subsequently shortlisted by the Local Government Chronicle for the Most Improved Council 2026. These successes reflect the dedication and professionalism of our teams and our focus on continuous improvement and our desire to make a difference across the communities within the Borough of Sefton.

Alongside these achievements, Sefton Council is actively delivering a range of major capital projects that will transform the Borough and stimulate economic growth. These include the Marine Lake Events Centre in Southport, the Strand Shopping Centre redevelopment in Bootle, and exciting developments such as the Cove Resort and Enterprise Arcade in Southport. We are also proud to support cultural and community initiatives like Salt and Tar, Bootle's vibrant events space, which hosts live music, comedy, and family-friendly activities, bringing people together and boosting the local economy.

These projects form part of our strategic investment programme to attract private sector-led development and create vibrant spaces for residents and visitors. We work closely with local communities to ensure these projects reflect their needs and foster a sense of ownership and pride.

For more information on these projects and to stay updated on progress, visit the Sefton Council website at [www.sefton.gov.uk](http://www.sefton.gov.uk)

## An Inclusive Workplace

We are committed to fostering an inclusive Council that reflects the diverse communities we serve. Our workforce brings a wide range of experiences and perspectives, and we value an environment where everyone feels respected, supported, and able to reach their full potential.

Sefton is proud to be the first local authority in the Liverpool City Region to achieve **Navajo** accreditation, recognising our commitment to LGBTQ+ inclusion. We are also a Disability Confident employer and continue to build a workforce that represents our communities.

We support several staff networks, including groups for Black and Ethnically Diverse colleagues, LGBTQ+ staff, women, disabled employees, and a Christian Workplace Group.

As an Equal Opportunities Employer, we base recruitment solely on skills, experience, and



suitability for the role. All applicants are treated fairly, and we have also recognised 'care experienced' as a protected characteristic within Sefton.

For more information, please refer to our [Equality, Diversity and Inclusion Strategy](#)

## Liverpool City Region Fair Employment Charter



Sefton Council is proud to support the Liverpool City Region Combined Authority Fair Employment Charter, an initiative that promotes fair, healthy, inclusive, and just workplaces across the region. The Charter celebrates good employers and encourages the highest standards in employment practice, including fair pay, secure work, opportunities for progression,

strong employee voice, and a commitment to staff wellbeing. By aligning with the Charter, we demonstrate our dedication to providing a fair day's pay for a fair day's work and to fostering an equitable and supportive working environment for all colleagues.

## What We Can Offer You

- A supportive and collaborative working environment.
- An agile approach to working.
- Opportunities for professional development and career progression.
- A role where your work makes a real difference across the organisation.
- Flexible working arrangements supporting work-life balance.
- A strong commitment to equality, diversity, and inclusion.

You will benefit from a comprehensive local government employment package which includes the following:

- Competitive salary in line with NJC Local Government Pay Scales.
- Membership of the Local Government Pension Scheme (LGPS), providing a secure, defined benefit pension with employer contributions.

## Annual Leave and Work-Life Balance

- Generous annual leave entitlement, 28 days annual leave rising to 33 days with 5 years continuous service.
- Additional public (bank) holidays.
- Flexible working options to support a healthy work-life balance, subject to service needs.
- Option to purchase additional annual leave.
- Sefton operate a 'Shut Down' period over the Christmas period which staff contribute four fifths of a week's pay over a 12-month period.

## Learning, Development and Career Progression



- A comprehensive induction programme.
- Access to a wide range of training, apprenticeships, learning, and development opportunities.
- Support for professional development and role related qualifications.
- Opportunities to develop your career within a large and diverse local authority.

### Health, Wellbeing and Support

- Enhanced sick pay scheme.
- Employee wellbeing initiatives and access to occupational health support.
- Policies that promote physical and mental wellbeing in the workplace.

### Family-Friendly and Inclusive Policies

Our family-friendly policies and flexible working arrangements help staff maintain a healthy work-life balance.

- Family friendly policies, including enhanced maternity, paternity, adoption, neonatal care and special leave to support with time off work to deal with issues when life events happen.
- A strong organisational commitment to equality, diversity, and inclusion.
- Reasonable adjustments and support to enable disabled employees to thrive.

### Foster Friendly Employer Commitment

Sefton Council is proud to be a *Foster Friendly* organisation as recognised by The Fostering Network. We actively support employees who are foster carers or who are applying to foster by offering flexible working arrangements, paid time off for fostering-related meetings and training, and a workplace culture that recognises the vital role foster carers play in our communities.

This commitment helps ensure carers can balance fostering responsibilities alongside career, and reflects our dedication to supporting children, families, and those who care for them.

### Additional Benefits

- Access to salary sacrifice and employee benefit schemes (where applicable).
- Opportunities to contribute to meaningful work that supports local communities.



- A supportive, values led organisational culture.
- Free parking at office bases (dependent upon the work location).

## About the Role

The Support Worker role focuses on helping adults with severe and enduring mental health needs to live as independently as possible within their local communities. The postholder will provide practical and emotional support, undertake focused interventions, and work closely with social workers, community mental health practitioners, health colleagues, and partner agencies to help individuals achieve positive outcomes and improve their quality of life.

The key responsibilities include:

- Manage a small caseload of adults experiencing severe and enduring mental ill health.
- Deliver short-term, task-centred interventions to support people to achieve their identified goals.
- Support individuals to build confidence, maximise independence, and maintain choice and control over their lives.
- Work with people in their own homes, local communities, and across community mental health team bases throughout Sefton.
- Promote recovery, wellbeing, social inclusion, and positive mental health outcomes.
- Support individuals who may have co-existing needs, including substance misuse and other complex circumstances.
- Complete assessments, support plans, reviews, and accurate case recording in accordance with service requirements.
- Develop effective working relationships with service users, carers, families, and partner agencies.
- Liaise and work collaboratively with health and social care professionals as part of a multidisciplinary team.



- Identify and respond appropriately to safeguarding concerns, risks, and wellbeing issues.
- Maintain professional standards, confidentiality, and compliance with relevant legislation, policies, and procedures.
- Participate in regular supervision, training, and professional development opportunities.
- Contribute to the delivery of high-quality, person-centred mental health services across Sefton..

Please see **Appendix A (page 10)** for a full copy of the Job Description and Person Specification.



## Top Tips on How to Apply

Submitting a strong application gives you the best chance of progressing to the next stage of the recruitment process. The following guidance applies to all roles and will help you prepare a clear, compelling application:

### 1. Read the Job Description and Person Specification Thoroughly

- Make sure you understand the key duties, expectations, and essential criteria.
- Use the person specification as your guide when writing your application.

### 2. Provide Clear Evidence of Your Skills and Experience

- Show *how* you meet the criteria using specific, real examples.
- Consider using the **STAR method** (Situation, Task, Action, Result) to structure your responses.

### 3. Tailor Your Application

- Avoid generic statements. Focus on experience that directly relates to the role you are applying for.
- Demonstrate how your strengths align with the organisation's values and priorities.

### 4. Highlight Your Achievements

- Include examples of work you are proud of or significant contributions you have made in previous roles.
- Emphasise impact – improvements, efficiencies, positive outcomes, or innovations.

### 5. Be Clear About Qualifications and Training

- List all relevant qualifications and professional training, including dates and awarding bodies.
- If you are working towards a qualification, include expected completion dates.

### 6. Showcase Transferable Skills

- Skills such as communication, teamwork, problem-solving, digital literacy, and organisation are valuable across all roles.



- Provide examples that demonstrate these effectively.

### **7. Check Your Application Carefully**

- Review your responses for clarity, spelling, and completeness.
- Ensure all sections of the application form have been filled in fully.

### **8. Submit Your Application Before the Deadline**

- Note the closing date and allow plenty of time to prepare your application.
- Late submissions usually cannot be considered.

### **9. Prepare for Potential Next Steps**

- If shortlisted, you may be invited to an interview, assessment task, or presentation.
- Be ready to discuss your experience, approach to work, and examples of how you meet the role's requirements.

## **Application and Selection Information**

The closing date for this vacancy is Monday, **5th October 2026** (or earlier in the event of high volume of applications being received).

Provisional interview dates are Week commencing **12<sup>th</sup> October 2026**.

We are an Equal Opportunities Employer; all candidates will receive equal treatment. Our decision to appoint will be based upon whether an individual's skills, experience, qualifications, and abilities make them the most suitable candidate for the role.

All disabled and care experienced applicants will be offered an interview where they meet all essential criteria on the person specification.

**Please ensure that you meet all the essential criteria outlined in the person specification before submitting your application. Only applicants who demonstrate that they meet all essential criteria will be considered and invited to interview.**



## Appendix A – Job Description and Person Specification

**Post:** Support Worker (Mental Health)

**Post Number:**

**JE Number:** A4677

**Team:** Community Mental Health Team – North/South

**Location:** SSNC/Hartley Hospital

**Grade:** F (SCP 12-19)

**Responsible to:** Team Manager

**Responsible for:** N/A

### JOB PURPOSE

The primary function of the post holder will be to assist in the support of adults with moderate to severe mental illness and associated social problems in the community, promoting participation, social inclusion, wellbeing and recovery.

### MAIN DUTIES

1. As part of an agreed care plan provide support to people experiencing mental illness which promotes participation, social inclusion, wellbeing and recovery.
2. Enable service users to achieve outcomes set by care plans.
3. Work in a multi-disciplinary environment and as part of a community based mental health team.
4. Observe and comply with relevant organisational policies relating to service user care, health and safety, confidentiality, safeguarding etc.



5. Participate in the assessment of individual need and in the provision and evaluation of services to meet identified need.
6. Liaise with statutory and independent sector agencies as appropriate.
7. Assist service users to develop a range of skills and interests including personal care and wellbeing, maintaining home surroundings and safety, budgeting and financial management and use of leisure time.
8. Maintain appropriate records of work undertaken and comply with required administrative procedures.
9. Prepare for, attend and contribute to individual supervision and staff meetings.
10. Personal development will be considered annually through appraisal, supervision and performance reviews.
11. Participate in service development as required.
12. Participate in training and other development activities as required.
13. To ensure that client information data is lawfully gathered, accurate, up to date and only divulged in accordance with the General Data Protection Regulations. Failure to apply these duties can lead to the individual or the Department facing court proceedings.
14. To undertake any other duties, appropriate to the work and grade of the post, as directed from time to time in order to meet the exigencies of the service.

### **SPECIAL CONDITIONS**

- Occasional work outside normal hours may be required.
- A flexitime scheme is currently in operation.

### **GENERAL REQUIREMENTS**

This job description is a representative document. Other reasonably similar duties may be allocated from time to time commensurate with the general character of the post and its grading.



All staff have a duty to take care of their own health & safety and that of others who may be affected by your actions at work. Staff must co-operate with employers and co-workers to help everyone meet their legal requirements.

The Authority has an approved equality policy in employment and copies are freely available to all employees. The post holder will be expected to comply, observe and promote the equality policies of the Council.

Since confidential information is involved with the duties of this post, the postholder will be required to exercise discretion at all times and to observe relevant codes of practice and legislation in relation to data protection and personal information.

The appointed person will be expected to work flexibly and the exact nature of the duties described above is subject to periodic review and is liable to change.

The appointed person will be expected to undertake, and participate in training, coaching and development activities, as appropriate to the role.

**Note:** Where the postholder is disabled, every reasonable effort will be made to support all necessary aids, adaptations or equipment to allow them to carry out all the duties of the job.



**SEFTON COUNCIL – PEOPLE DIRECTORATE**  
**PERSON SPECIFICATION**

Please read the guidance notes before completing your application form.  
 Please demonstrate, with examples, how you meet the criteria for the post, as set out below.

**Job Title:** Support Worker (Mental Health)

**Post Number:**

| Criteria                                            | Essential                                                                                                                                                                                                                                                                                                                                                                                                                              | Desirable                                                               | Assessment Method                                          |
|-----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|------------------------------------------------------------|
| <b>Qualifications</b>                               | NVQ Level 2 in Health and Social Care or equivalent.                                                                                                                                                                                                                                                                                                                                                                                   | A relevant professional qualification, degree or diploma.               | C                                                          |
| <b>Experience</b>                                   | Experience of working as part of a team.<br><br>Experience of working with adults with mental health problems.                                                                                                                                                                                                                                                                                                                         | Experience of collaborative working with a range of different agencies. | A/I<br><br>A/I<br><br>A/I                                  |
| <b>Demonstrable skills, knowledge and aptitudes</b> | Knowledge of issues experienced by mental health service users.<br><br>Demonstrable ability to work effectively with people who have a severe mental illness.<br><br>Knowledge of the recovery model within a mental health context.<br><br>Ability to work autonomously and seek supervision and guidance where needed.<br><br>Ability to achieve tasks and meet deadlines.<br><br>Effective verbal and written communication skills. |                                                                         | A/I<br><br>A/I<br><br>A/I<br><br>A/I<br><br>A/I<br><br>A/I |



|                             |                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                     |                                                                   |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|
|                             | <p>Ability to represent service user, the team and the department at an appropriate level.</p> <p>Ability to participate in assessment, care planning, and review.</p> <p>Knowledge of risk assessment and management in the context of mental health.</p> <p>Ability to keep up to date electronic records.</p> <p>Awareness of mental health policy and good practice</p> <p>Ability to work as part of a team.</p> | <p>Knowledge of contemporary issues in mental health policy and systems.</p> <p>Knowledge of mental health related legislation.</p> | <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> <p>A/I</p> |
| <b>Special requirements</b> | <p>This post is registered as exempt from the Rehabilitation of Offenders Act 1974 and in accordance with the Police Act; the successful candidate must be able to obtain satisfactory Enhanced Criminal Record Disclosure in order to be appointed to the post. In the respect a criminal record check will be undertaken prior to confirmation of appointment.</p>                                                  |                                                                                                                                     | C                                                                 |
| <b>Other</b>                | <p>Must be legally entitled to work in the UK.</p> <p>The Council operates a no smoking policy. Employees are not allowed to smoke in the workplace or to <u>take smoking</u> breaks during work</p>                                                                                                                                                                                                                  |                                                                                                                                     | C                                                                 |

Prepared by:

Mary Helsby

Date: June 2020

Method of assessment:

A = Application Form, I = Interview, C= Certificate, T= Test, P = Presentation

